

Early Help and Families First Model in Brighton & Hove



Community &
Earlier Help

Support from:

- Best Start Family Hubs
- Schools and health services
- Community organisations

Providing advice, information, and practical help before problems grow.



Family
Help

When more support is needed, a Family Help Lead Practitioner works with the family to:

- Understand strengths and worries
- Create one family plan
- Coordinate the right support
- Hold family-led meetings to make decisions together



Keeping
Children Safe

If there are serious concerns about a child's safety:

- A social worker works closely with the family
- Risks are assessed and support planned
- Families remain involved in decisions
- Family meetings take place before legal action is considered



If a Child
Cannot Live at
Home

Sometimes children need to live elsewhere to stay safe. We will:

- Continue social work support
- Keep family meetings going
- Put the child's wishes and needs first
- Explore returning home whenever safe and appropriate

Ongoing Support

Families may continue to receive help from:

- Family Help teams
- Best Start Family Hubs
- Schools and health services
- Community organisations
- Specialist services

Our Commitment

- ✓ Listen to children, young people, and families
- ✓ Build on family strengths
- ✓ Work with families
- ✓ Bring services together around one plan
- ✓ Provide the right support at the right time
- ✓ Keep children safe while supporting family relationships